



John A. Stephen
Commissioner

Matthew Ertas
Bureau Chief

STATE OF NEW HAMPSHIRE
DEPARTMENT OF HEALTH AND HUMAN SERVICES
BUREAU OF DEVELOPMENTAL SERVICES

105 PLEASANT STREET, CONCORD, NH 03301
603-271-5034 1-800-852-3345 Ext. 5034
Fax: 603-271-5166 TDD Access: 1-800-735-2964

Recommended Guidelines for the use of Homeopathic Remedies

Obtain specific recommendations/instructions for the remedy from the naturopathic practitioner: be sure that recommendations/instructions are clear.

Obtain guardian consent (if applicable).

Consult with the individual's primary care practitioner and obtain written approval from the primary care practitioner for the use of the homeopathic remedy.

Obtain information about the remedy including its intended action and any signs to watch for that could signal a problem.

Provide clear labeling for all homeopathic remedies, ie: amount to be given, when, how often, with or without meals, etc.

Be sure that those people who are administering the remedy are educated regarding the use of the remedy.

Report any signs of illness immediately to the primary physician and the naturopathic practitioner.

Ensure proper follow-up with the naturopathic practitioner and with the primary physician.